Go Tell It on the Mountain

d - d u d u d u Once in each bar.

I Saw Three Ships

One down strum for each chord.

Il est ne, le divin Enfant

One down strum every bar. Except where there are two chords in a bar (bar 14). There I do one strum for each chord.

In Dulci Jubilo

Two down strums per bar. So that's usually one per chord change.

Joy to the World

The main strum is:

d-du

Two of those in each bar.

In bars 10 and 11 I do one down strum each on the C - G7 then back to the pattern in bar 10 or just another down strum in bar 11.

O Come All Ye Faithful

One down strum for each chord.

Once in Royal David's City

One down strum for each chord.

The First Noel

One down strum for each chord.

We Three Kings

One down strum per bar.

We Wish You a Merry Christmas

The main strum is:

d-dudu

In bars 7 and 15 I'm doing:

Two down strums on the C. One down strum on the D.

While Shepherds Watch their Flocks

One down strum per chord.